

ACCESS CLASS: SESSION FOUR  
THE JOURNEY TO BELONG

Session 4  
Growing Holistically and Bible Centered

GROWING \_\_\_\_\_

- Every believer growing in all aspects of human life; spiritual, physical, emotional, relational, and mental.

**Key Scripture- 2 John 3:1** \_\_\_\_\_

- Beloved, I pray that you may prosper in ALL THINGS, and be in HEALTH, even as our SOUL prospers

**Definitions** \_\_\_\_\_

*Growing: To spring up and develop to maturity*

*Holistically: Relating to or concerned with wholes or with complete systems rather than with the analysis of, treatment of, or dissection into parts.*

**Spirit** \_\_\_\_\_

We grow from being born again (spiritual babies) into a place of knowing the foundational doctrines, moving beyond that to maturity and exercising our gifts as we serve in God's Kingdom.

Being \_\_\_\_\_

Unless a man is born again he cannot see the Kingdom of God (John 3:3)

\_\_\_\_\_ VS \_\_\_\_\_

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### 1 Corinthians 3:1-22:

And I, brethren, could not speak to you as to spiritual people but as to carnal, as to babes in Christ. I fed you with milk and not with solid food; for until now you were not able to receive it, and even now you are still not able; for you are still carnal. For where there are envy, strife, and divisions among you, are you not carnal and behaving like mere men? For when one says, "I am of Paul," and another, "I am of Apollos," are you not carnal? Who then is Paul, and who is Apollos, but ministers through whom you believed, as the Lord gave to each one? I planted, Apollos watered, but God gave the increase. So then neither he who plants is anything, nor he who waters, but God who gives the increase. Now he who plants and he who waters are one, and each one will receive his own reward according to his own labor. For we are God's fellow workers; you are God's field, you are God's building. According to the grace of God which was given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are. Let no one deceive himself. If anyone among you seems to be wise in this age, let him become a fool that he may become wise. For the wisdom of this world is foolishness with God. For it is written, "He catches the wise in their own craftiness"; and again, "The Lord knows the thoughts of the wise, that they are futile." Therefore let no one boast in men. For all things are yours: whether Paul or Apollos or Cephas, or the world or life or death, or things present or things to come—all are yours.

- Carnal, worldly
- Foundations
- Tested by Fire
- God's Temple
- Becoming a fool to be wise
- You are Christ's people

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FOUNDATIONAL DOCTRINES

Hewbrews 6:1

- Foundational aspects of faith important, but only a start

SPIRITUAL GIFTS FOR SERVICE

- Romans 12
- 1 Corinthians 12

**Soul** \_\_\_\_\_

We grow in the soul realm by being renewed in our minds, transforming our thoughts, desires, decisions, and emotions.

Realm of the Mind

Pursue \_\_\_\_\_

- Romans 12:2

Do not conform any longer to the pattern of this world, but be transformed by “the renewing of your mind.” Then you will be able to test and approve what God’s will is—His good, pleasing, and perfect will.

**How do we renew our minds?**

1. \_\_\_\_\_

- So then everyone of us shall give account of himself to God (Romans 14:12)
- I set before you life and death, blessing and cursing, but you choose (Deut 30:19)

2. \_\_\_\_\_

- If you have some areas of your life that are not together yet, you probably need some changes in your thinking.
- My people are destroyed for lack of knowledge... (Hosea 4:6)

3. \_\_\_\_\_

- Change is a CHOICE, not a feeling

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4. \_\_\_\_\_ and take 100% of the responsibility for adopting it in the first place.
5. Replace wrong thoughts with \_\_\_\_\_
6. Practice \_\_\_\_\_ the new thoughts until you are “fully persuaded,” like Abraham was regarding God’s promises.
  - Yet, he did not waver through unbelief regarding the promise of God, but was strengthened in his faith, gave glory to God, being **fully persuaded** that God had power to do what He promised. (Romans 4:20-21)

Your mind consists of three parts:

1. \_\_\_\_\_
  - Used to express desire, choice, willingness, consent, or in negative constructions, refusal
  - Determination of attitudes, words, and actions
2. \_\_\_\_\_
  - The affective aspect of consciousness: FEELING
  - A state of feeling
  - A psychic and physical reaction (as anger or fear) subjectively experienced as strong feeling and physiologically involving changes that prepare the body for immediate vigorous action
3. \_\_\_\_\_
  - The power of knowing as distinguished from the power to feel and to will: the capacity for knowledge
  - The capacity for rational or intelligent thought

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**Body** \_\_\_\_\_

\_\_\_\_\_ of the Holy Spirit (1 Cor. 6)

\_\_\_\_\_ Isaiah 6:1-5 (Desire for purity)

**Temple** \_\_\_\_\_

*Woodshed or Temple?*

- Nutrition
- Proper rest
- Exercise

Our bodies are the vehicles that carry us through this world. They sometimes break down, but we have a special blessing as believers:

\_\_\_\_\_ is provided for in the New Covenant. B

By His stripes, we are healed! (1 Peter 3:24-25)

You can lengthen your physical life by obeying the 10 Commandments: Honor your parents!

The Church at South Las Vegas wants for you a holistic growth track, which incorporates your spiritual life, soul life, and physical life.

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\_\_\_\_\_ CENTERED

Every believer living by the principles of the Word of God, applied to their daily walk of faith.

Introduction: Parable of the Sower

- The issue was that of the seed, the Word of God, tell on different kinds of soil.

**18** "Therefore hear the parable of the sower: **19** When anyone hears the word of the kingdom, and does not understand it, then the wicked one comes and snatches away what was sown in his heart. This is he who received seed by the wayside. **20** But he who received the seed on stony places, this is he who hears the word and immediately receives it with joy; **21** yet he has no root in himself, but endures only for a while. For when tribulation or persecution arises because of the word, immediately he stumbles. **22** Now he who received seed among the thorns is he who hears the word, and the cares of this world and the deceitfulness of riches choke the word, and he becomes unfruitful. **23** But he who received seed on the good ground is he who hears the word and understands it, who indeed bears fruit and produces: some a hundredfold, some sixty, some thirty." (Matthew 13:18-23)

- Here are some lessons regarding the Word of God and those who receive it:
  1. It is possible to "not understand" the Word of God. If you don't ask for a greater understanding, the enemy will come and steal it from you.
  2. It is possible to be excited and joyful as you hear and accept the Word of the Lord. If you are not rooted and founded on the Foundation (Jesus Christ), the effects of the Word will be dissipated by the pressures of troubles or persecution which WILL COME, because of the word in your life. In such cases, the person falls away.
  3. It is possible to receive and accept the Word of God, but to be sidetracked by the worries of life and the deceitfulness of wealth or riches.
  4. Finally, and this is how we want everyone to be in our church, someone can be good soil, where the Word is understood and embraced, resulting in a crop (reward) that yield a hundred, sixty, or thirty fold.

**We are to be** \_\_\_\_\_

What kind of soil do you want to be for the Word of God? You can have 100 fold return on your life!

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